

**PERINATAL INFANT PSYCHIATRY CONFERENCE**  
**Saturday, May 18, 2024**  
**Weill Cornell Medical College**  
**Virtual via Zoom**  
**Soudabeh Givrad, M.D., Course Director**

**IDENTIFIED PRACTICE GAPS/EDUCATIONAL NEEDS**

There is a knowledge gap for clinicians and trainees in the fields of perinatal and infant psychiatry, as perinatal expertise is usually found in adult and women's health modalities, whereas infant knowledge is based in pediatrics. This separation has become an obstacle in fullspectrum treatment, especially as we have continued to learn about the profound reciprocal connection between parent and child beyond mere biology.

**TARGETED AUDIENCE**

This course is designed for healthcare providers, trainees, and researchers in psychiatry, psychology, obstetrics, pediatrics, primary care, and ancillary fields, who engage with mothers and their babies.

**OBJECTIVES/DESIRED OUTCOMES**

It is intended that this Weill Cornell CME activity will lead to improved patient care, including improvements in knowledge, competence, or performance. At the conclusion of this activity, participants should be able to:

- Gain more awareness and competence in understanding the mother-baby (parent-infant's) health as a unit
- Increase the clinician's understanding of the experiences of parents and babies in acute perinatal care setting
- Increase the clinician's understanding the experiences of parents in the context of perinatal loss
- Increase the clinician's understanding of the need for multidisciplinary care to provide a comprehensive and wholesome care for parents and babies in these settings.
- Increase the clinician's ability to assess, formulate, and come up with treatment plans with a dyadic lens and understanding for high risk perinatal situations.

**DISCLOSURE OF RELATIONSHIPS/CONTENT VALIDITY**

It is the policy of Weill Cornell Medical College to adhere to the ACCME Criteria, Policies and New Standards for Integrity and Independence in Accredited Continuing Education and to ensure all content is valid in order to ensure fair balance, independence, objectivity, and scientific rigor in all its provided activities. All speakers, Course Directors, Co-Course Directors, planners, reviewers, and staff members participating in provided activities are expected to disclose relevant financial relationships pertaining to their contribution to the activity. Relationship information is analyzed to determine whether conflicts of interest exist. All conflicts of interest are resolved prior to participation in the planning or implementation of this activity. Presenters and authors are also expected to disclose any discussion of (1) off-label or investigational uses of FDA approved commercial products or devices or (2) products or devices not yet approved in the United States.

*WCMC CME activities are intended to be evidence-based and free of commercial bias. If you have any concerns, please call the Office of Continuing Medical Education at 646-962-6931 to anonymously express them.*

**Course Director**

**Soudabeh Givrad, M.D.**

- Has no relevant financial relationship with ineligible companies to disclose.
- Will not be discussing the off-label or investigational use of products or services

**Co-Director**

**Hannah Strater, DNP, PMH-NP**

- Has no relevant financial relationship with ineligible companies to disclose.
- Will not be discussing the off-label or investigational use of products or services

**Planning Committee****Lindsay Wallace Goldman, PhD**

- Has no relevant financial relationship with ineligible companies to disclose.
- Will not be discussing the off-label or investigational use of products or services

**Leah Susser, M.D.**

- Has no relevant financial relationship with ineligible companies to disclose.
- Will not be discussing the off-label or investigational use of products or services

**Alison Hermann, M.D.**

- Dr. Hermann has disclosed the following: Progyny- Consultant
- All of the relevant financial relationships listed for this individual have been mitigated.
- Will not be discussing the off-label or investigational use of products or services

**Victoria Wilkens, PhD, PMH-C**

- Has no relevant financial relationship with ineligible companies to disclose.
- Will not be discussing the off-label or investigational use of products or services

**Soudabeh Givrad, M.D.**

- Has no relevant financial relationship with ineligible companies to disclose.
- Will not be discussing the off-label or investigational use of products or services

**Hannah Strater, DNP, PMH-NP**

- Has no relevant financial relationship with ineligible companies to disclose.
- Will not be discussing the off-label or investigational use of products or services

**Course Coordinator****Monica Fortsch**

- Has no relevant financial relationship with ineligible companies to disclose.
- Will not be discussing the off-label or investigational use of products or services

**CME Staff**

- Has no relevant financial relationship with ineligible companies to disclose.
- Will not be discussing the off-label or investigational use of products or services

**ACCREDITATION AND CREDIT DESIGNATION STATEMENTS**

Weill Cornell Medical College is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Weill Cornell Medical College designates this live activity for a maximum of 6 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**EVALUATION**

The CME Evaluation Form will be distributed via email following the conference. We encourage you to complete the Evaluation Form as this will allow us to assess the degree to which the activity met its objectives. It will also guide the planning of future activities and inform decisions about improving the educational program.

*WCMC is accessible for individuals with disabilities or special needs. Participants with special needs are requested to contact the Office of CME at 646-962-6931.*

**9:15-10:15am Keynote Speaker:**

Allison Dempsey, PhD (*Allison Dempsey, PhD has received grant funding (PI) from Babyscripts and grant funding (co-I) from Health Rhythms. All of the relevant financial relationships listed for this individual have been mitigated. She DOES NOT INTEND to discuss off-label or investigational use of products or services.*)

**10:15- 12 pm Perinatal loss section:**

Chair: Victoria Wilkins, PhD (*Victoria Wilkins, PhD has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.*)

**10:15-11 am Patient panel:**

Jeanne Churchill DNP, RN, CPNP (*Jeanne Churchill DNP, RN, CPNP has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.*)

Geeta Malieckal, MD (*Geeta Malieckal, MD has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.*)

LaMone Downey Leonard, LICSW (*LaMone Downey Leonard, LICSW has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.*)

Colleen O'Loughlin (*Colleen O'Loughlin has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.*)

**11 am-11:45 am Clinician panel:**

Missy Trull, NYP Chaplain (*Missy Trull has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.*)

Will Sheldon, NYP Chaplain Resident (*Will Sheldon has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.*)

Nicole Brosnan, NYP Child Life Specialist (*Nicole Brosnan has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.*)

LaMone Downey Leonard, LICSW (*LaMone Downey Leonard, LICSW has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.*)

**11:45 am-12:30pm Expert speaker:**

Deb Rich, PhD, PMH-C (*Deb Rich, PhD, PMH-C has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.*)

**12:30-1 pm Lunch break**

**1-3:15pm Acute Perinatal Care Settings section:**

Chair: Sudy Givrad, MD (*Sudy Givrad, MD has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.*)

**1-1:45pm Patient panel:**

Julie Zimmerman Chappel (*Julie Zimmerman Chappel has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.*)

Julia Merrill (*Julia Merrill has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.*)

Steve Wright (*Steve Wright has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.*)

**1:45-2:30 pm Clinician panel:**

Melissa Scala, MD (*Melissa Scala, MD has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.*)

Amanda Yeaton-Massey, MD (*Amanda Yeaton-Massey, MD was an advisor at Seven Starling. All of the relevant financial relationships listed for this individual have been mitigated. She DOES NOT INTEND to discuss off-label or investigational use of products or services.*)

Shanna Sapienza, RN (*Shanna Sapienza, RN has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.*)

Talia Grossman LMSW (*Talia Grossman LMSW has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.*)

**2:30-3:15 pm Expert speaker:**

Priya Gopalan, MD (*Priya Gopalan, MD has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.*)